



St. Anthony's Wolverhampton WV4 5NQ

Inspected and rated Good CareQuality Commission

About Valorum Care Group

Valorum Care Group is a national group with a mission to support people to live their best lives. We are a leading provider of quality of care for:

over 1,000

50 services

within

liaising with over

130

Clinical Commissioning Group's and Local Authorities across England supported by

1,400

Our core services are:

- · Supported living for people with a learning disability and/or mental health needs
- Residential care and nursing care services for adults with physical disabilities and complex health conditions

No Labels, No Limits is our ethos.

We believe that great care and support enables people to live the life they want and make choices about the care they receive. It is not up to professionals to make this determination – it is for the people themselves to have their own power and determination in their life.

We are proud of our expertise in supporting people with often complex health and social care needs. Many of the people we support have mental health challenges, learning disabilities, physical disabilities and associated complex physical health needs.

We foster a culture of caring for our residents and our employees alike. Everyone can be assured of spending time in a positive environment with teams who will work in partnership with them to enhance and sustain their quality of life. Our teams are dedicated and positive and passionate about the people we provide care and support for.

In short, we are tireless champions of innovation, excellence and collaboration in care.



We focus on what matters



About St. Anthony's

At St. Anthony's Care Home, to the southwest of Wolverhampton, we support people with long-term neurological conditions, physical and learning disabilities, often associated with complex nursing needs.

beautiful countryside. Our specialist nursing staff support up to 34 people. The people we support have physical or long-term neurological conditions, including:

- Spinal cord injuries
- · Acquired brain injuries
- Strokes
- · Cerebral palsy
- Huntington's disease
- Motor neurone disease
- Multiple sclerosis
- Muscular dystrophy
- Parkinson's disease
- Spina bifida
- · Hydrocephalus
- Other complex needs such as speech impairment, breathing problems and mobility.



Our residents play a vital part in the running of the home.

Admissions

We welcome people to St. Anthony's on a short or long-term basis and offer respite placements as well.

Our passionate belief is that moving into St. Anthony's isn't the end of one's life, it is simply a step in life's journey. We are here to make sure each person will lead the best possible life.

We understand that moving someone into a care home is often difficult for families and friends. We are committed to being there for everyone, ensuring that their loved one settles happily, so that they can be reassured they have made the right choice with our home.

We have created a welcoming 'home from home' feeling. When people join us, we consider their background, needs, choices, passions, and interests. We will usually have a transitional plan to cater for people during their first few weeks. Once we get to know them better, we revise the plan with the person we supports input to be more specific to their needs.

One of the people we support has an active voice in the local community.

People are cared for by staff who were kind and caring, the atmosphere in the home was friendly and relaxed.

CQC ASSESSOR 2022



Environment

We are fortunate that St. Anthony's is located in an idyllic rural setting, but with easy access to the local area. We have beautiful and extensive grounds, and the building has been specifically adapted to meet the needs of the people we support.

All bedrooms and bathrooms have fixed tracking hoists. We have a large lounge with cinema-style screen, a large dining area and life skills room with an accessible kitchen.

Our pretty garden, featuring a waterfall and sensory areas, has enjoyed a 'spring clean' recently, with both the people we support and our teams taking part in making it an inviting and relaxing place for our residents and families to enjoy.

People can spend time in a large, accessible rehabilitation gym and follow a programme designed for each person's needs by our in-house physiotherapist.

We work closely with our local community to identify opportunities for volunteering and meaningful activities that contribute to the area we live in. Our rural position allows us to appreciate nature at its best and people enjoy watching the horses in the field next to the home.

Our Team

We are a team of dedicated and motivated people who care and want to make a difference in people's lives.

Our Registered Nurses are highly skilled in delivering specialist and complex nursing care and have significant experience with tracheostomy or PEG/NG care. Our approach is to care for people's physical and health needs, their wellbeing, rehabilitation and community access, and, where appropriate, move to more independent living.

Care and activities

People who choose to live at St. Anthony's care home will enjoy a warm, friendly and fun atmosphere, which feels like a family.

We help everyone to make independent choices throughout the day and be empowered to plan their care and activities.

Each day is different. Our activity coordinator and the care staff know the people we support very well. By respecting their choices and wishes and based on their interests, we have a fun, engaging weekly activities plan. The people we support meet with the activities team every two weeks to review and change the programme where appropriate.

Some of our recent activities included a bike trip, a theatre night and a pub night. One of the people we support goes to a service at a local church every week. People can also take the lead in organising the activities to retain or regain their independence, and our team will support if and when required.

Our regular activities include sewing, reading, a quiz night and memory groups, which are much loved ways we come together in the home.



St. Anthony's is not a care home for our daughter, it is her home!



Food

Our experienced catering team freshly prepare our meals, using pictorial menus and taking into consideration specialised diets where required, all of which can be enjoyed in our large dining room.





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Call us to discuss a referral in confidence. Tel: 01902 893056 referral.enquiries@valorumcaregroup.com www.valorumcaregroup.com

