Carmel Care and Support, Cambourne

Supported Living in Cornwall

About Us

Carmel Care and Support in Camborne provides supported living for adults with mental health conditions and people who have a learning disability to develop greater independence. Support is shaped around each person's individual needs, abilities and aspirations, recognising that independence means something different to everyone.

Our supported living services offer people the opportunity to develop skills, build relationships, become part of their local community and take positive steps towards greater independence. With three different services in Camborne, we can consider which type of living environment may best suit the individual, their needs and the way they would like to live.

Ridgewood Lodge

The people we support are helped to develop everyday living skills, build confidence and work towards greater independence, with personalised support based on their individual needs, strengths and goals.

Enquiries & Referrals:

T: 0330 236 8231
E: referrals@ihcm.co.uk

Ridgewood House

A spacious 12 bed supported living service on the outskirts of Camborne town centre, within easy reach of local amenities and transport links.

Generous communal areas provide opportunities for individuals to socialise, develop relationships and take part in activities, while personalised support helps each person maintain and develop their independence.

Pendarves – Independent Living with Support Close By

Pendarves provides six self-contained flats, offering individuals greater privacy and independence within a supported environment. Each person has their own home and receives support based on their assessed needs, helping them develop skills such as cooking, budgeting, household management and establishing independent routines.

Why Choose Us?

- Choice of Three Supported Living Services
- Individualised Support
- Developing Everyday Skills
- Education, Employment and Volunteering
- Community-Based Living

Support for Everyday Life

Support is practical and focused on helping individuals develop and maintain the skills required for greater independence.

Depending on individual needs, this may include:

- Personal care
- Managing money and budgeting
- Cooking and household tasks
- Maintaining health and wellbeing
- Attending appointments
- Accessing shops and local amenities
- Travelling and using public transport
- Attending college or education
- Accessing employment or volunteering
- Developing social relationships
- Participating in leisure and community activities

The level of support can change as an individual develops new skills or becomes more confident managing different aspects of everyday life.

Developing Confidence and Independence

The people we support are encouraged to take an active role in their own lives and make choices about the things that are important to them. Goals are individual and may range from becoming more confident preparing meals or managing money to attending college, finding employment or accessing the community with less support.

Progress is reviewed with the individual, allowing support to evolve as needs, circumstances and aspirations change.

Living Together

Shared supported living provides opportunities to develop independence without becoming isolated. Communal areas at the services enable individuals to spend time together, develop relationships and participate in shared activities while retaining their own personal space. Individuals are encouraged to develop their own routines and interests and to become increasingly involved in everyday life both within their home and the wider community.

Working Together

The teams work closely with each individual and, where appropriate, their families, advocates and health and social care professionals. Individuals are encouraged to contribute to decisions about their support and identify the outcomes they would like to achieve. Partnership working helps ensure that support remains coordinated and responsive as individual needs change.

The Local Area

With services in Truro and Camborne, residents have access to a range of everyday amenities and community opportunities. Truro offers a wide choice of shops, cafés, healthcare services, a library and other community facilities, together with parks, gardens and recreational spaces. Bus, rail and park-and-ride services provide connections within the city and to other parts of Cornwall.

Camborne provides access to shops and other everyday amenities, while its location offers connections to surrounding Cornish communities. Living within established communities provides opportunities for residents to develop travel skills, access education and employment, participate in leisure activities and build greater confidence managing everyday life outside their home.

Placements

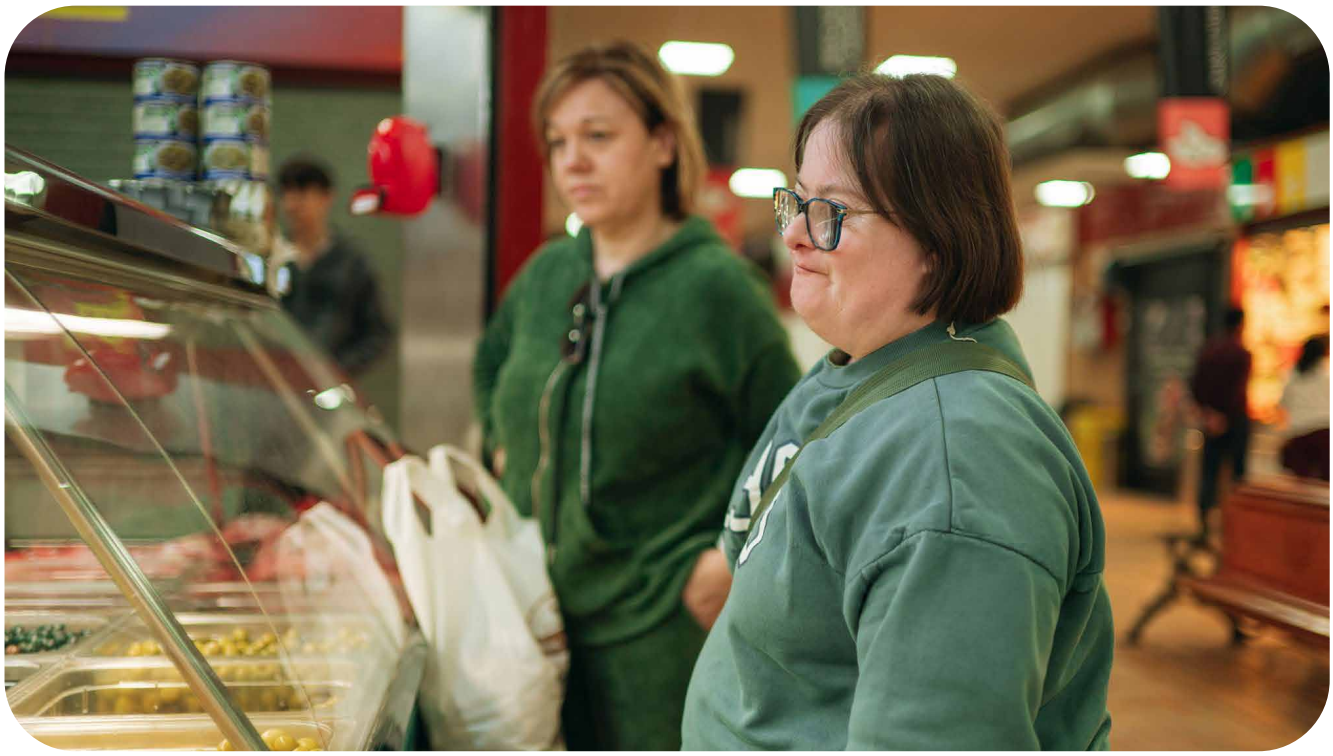
Permanent and temporary placements are available, with each referral considered individually. An assessment helps establish the person's support needs, abilities and goals and identifies which of the three services may provide the most appropriate environment.

Referrals & Enquiries

Ridgewood Lodge, Ridgewood House and Pendarves work with individuals, families, NHS teams, Local Authorities and other health and social care professionals to consider appropriate placements.

Each referral is assessed individually to understand the person's support requirements and identify how the services can contribute to their recovery, stability and longer-term goals. We work closely with the individual, their family where appropriate, commissioners and other professionals to understand their needs and identify the right support and accommodation.

To discuss a placement or make a referral, please contact our **Central Referrals Team on 0330 236 8231 or referrals@ihcm.co.uk**



CARMEL Care & Support

Part of Integrated Health Care Management Group

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